

From Philippians 3

The work of Christian transformation _____ when we become followers of Jesus, it

_____ throughout our lives, and it is _____ for our souls at our death, and for our bodies at the return of Jesus.

- _____ presented your members as slaves to impurity and to lawlessness . . . _____ present your members as slaves to righteousness leading to sanctification . . . Romans 6.19
- Forgetting what lies behind and _____ to what lies ahead, I _____ toward the goal for the prize of the upward call of God in Christ Jesus. Philippians 3.13–14
- We all . . . are being transformed into the same image from _____ of glory to _____. 2 Corinthians 3.18
- The spirits of the righteous _____ . . . Hebrews 12.23
- But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will transform our lowly _____ to be like his glorious _____. . . Philippians 3.21

Followers of Jesus put off . . . _____, and put on . . . _____.

2 Scriptures to hold onto

Do all things without _____ . . .
Philippians 2.14

*This is the day that the LORD has made;
let us _____ and be _____.*
Psalm 118.24

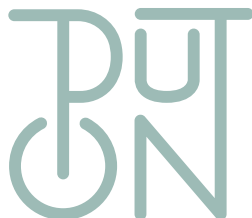
1 Example to follow

Paul put on _____ in a Roman prison cell in Acts 16.

If you want to put on gladness, _____.

Putting on Gladness

1. Repent of _____.
2. Ask Jesus to _____ replace your grumbling with gladness.
3. Pursue gladness this week.
 - You get _____ a day.
 - But you don't get _____ what it is.
 - Change your view.
 - Grumbling only sees a _____; gladness also sees the _____.
 - Grumbling only sees _____; gladness also sees the _____.
 - Grumbling only see the _____; gladness is aware of the _____.



Putting
Off the Old
Putting on the
New

Small Group
Questions

These questions are meant to be done by yourself or together with a family member or friend, then discussed at your small group during the week.

- 1 Reread Acts 16, the part about Paul and Silas in prison. Make some observations from this passage about gladness. How did Paul and Silas express their gladness?
- 2 Using a Bible concordance or the esv.org website look up verses about grumbling and gladness. Write out at least two in the space below.
- 3 Reviewing the list on your study handout of activities in pursuit of gladness, which ones require your special attention? What is Jesus teaching you about your grumbling?

As a group, spend time in prayer asking Jesus to supernaturally put off grumbling and put on gladness.