

From Philippians 2

The Bible explains that after God saves us, we

_____ as he changes us. We play both an _____ and _____ role in this ongoing work with God, as we put off the old self and put on the new self.

- _____ *your own salvation* . . . Philippians 2.12
- *For it is God who _____, both to will and to work for his good pleasure.* Philippians 2.13
- *Now may the God of peace . . . _____ with everything good that you may do his will, _____ us that which is pleasing in his sight.* Hebrews 13.20-21
- _____ *to God as those who have been brought from death to life, and your members to God as instruments for righteousness.* Romans 6.13
- _____ . . . *for the holiness without which no one will see the Lord.* Hebrew 12.14
- *And let us consider how to stir up one another to love and good works, not neglecting to _____, as is the habit of some, but encouraging one another . . .* Hebrews 10.24-25

Followers of Jesus put off . . . _____, and put on . . . _____.

2 Scriptures to hold onto

I sought the LORD, and he answered me and delivered me from _____.
Psalm 34.4

Let the _____ rule in your hearts. Colossians 3.15

1 Example to follow

Moses put on _____ at the edge of Red Sea in Exodus 14.

If you want to put on confidence, _____.

Putting on Confidence

1. Repent of _____.
2. Ask Jesus to _____ replace your worry with confidence.
3. Pursue confidence this week.
 - _____ if God's promises are true.
 - _____; there's a way out.
 - _____ your fear; *You're not so big.*
 - _____ the LORD.
 - _____ . . . God is about to do something huge.
 - _____ the LORD's deliverance.

PUT ON

Putting
Off the Old
Putting on the
New

**Small Group
Questions**

These questions are meant to be done by yourself or together with a family member or friend, then discussed at your small group during the week.

- 1** Reread Exodus 14? Make some observations from this passage about worry and confidence, fear and trust.
- 2** Using a Bible concordance or the esv.org website look up verses about anxiety and faith. Write out at least two in the space below.
- 3** Reviewing the list on your study handout of activities in pursuit of confidence, which ones require your special attention? What is Jesus teaching you about your worries?

As a group, spend time in prayer asking Jesus to supernaturally put off worry and put on confidence.