

# From Matthew 7

In his Sermon on the Mount, Jesus uses the picture of a log embedded in a person's eye to urge his followers to put off their own sin and put on Jesus-like virtues. This silly exaggeration rules out a pride that sees oneself as better than others.

- V.3 *Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? – Because you're arrogant.*
- V.4 *Or how can you say to your brother, 'Let me take the speck out of your eye, when there is a log in your eye? Because it's easier to see your own faults in others.*
- V.5 *You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye. Conclusion – Putting off and putting on starts with me.*

Followers of Jesus put off . . . pride, and put on . . . humility.

## 2 Scriptures to hold onto

*One's pride will bring him low, but he who is lowly in spirit will obtain honor.*

Proverbs 29:23

*Clothe yourselves, all of you, with humility toward one another, for "God opposes the proud but gives grace to the humble."*

1 Peter 5:5


## 1 Example to follow

Jesus humbled himself in the miracle of incarnation, described by the Apostle Paul in his letter to the Philippians, chapter 2.

If you want to be humble, be like Jesus.

## Putting on Humility

1. Repent of pride.
2. Ask Jesus to supernaturally replace your pride with his humility.
3. Pursue humility this week.
  - Ask someone for help.
  - Tell someone you're sorry.
  - Give someone your seat.
  - Laugh at yourself, so someone else hears it.



PUT  
ON

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- V.3 *Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?* – Because you're \_\_\_\_\_.
- V.4 *Or how can you say to your brother, 'Let me take the speck out of your eye, when there is a log in your eye?' Because it's easier to see \_\_\_\_\_ in others.*
- V.5 *You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.* Conclusion – Putting off and putting on \_\_\_\_\_.

**Followers of Jesus put off . . . \_\_\_\_\_, and put on . . . \_\_\_\_\_.**

## 2 Scriptures to hold onto

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*Clothe yourselves, all of you, with humility toward one another, for "God \_\_\_\_\_ the proud but gives \_\_\_\_\_ to the humble."*  
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## 1 Example to follow

Jesus humbled himself in the miracle of \_\_\_\_\_, described by the Apostle Paul in his letter to the Philippians, chapter 2.

If you want to be humble, \_\_\_\_\_.

## Putting on Humility

1. Repent of \_\_\_\_\_.
2. Ask Jesus to \_\_\_\_\_ replace your pride with his humility.
3. Pursue humility this week.
  - Ask someone for \_\_\_\_\_.
  - Tell someone you're \_\_\_\_\_.
  - Give someone your \_\_\_\_\_.
  - \_\_\_\_\_, so someone else hears it.

