From Matthew 7

In his Sermon on the Mount, Jesus uses the picture of a log embedded in a person's eye to urge his followers to <u>put</u> off their own sin and <u>put on</u> Jesus-like virtues. This silly exaggeration rules out a pride that sees oneself <u>as better</u> than others.

- V.3 Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? Because you're arrogant.
- V.4 Or how can you say to your brother, 'Let me take the speck out of your eye, when there is a log in your eye? Because it's easier to see your own faults in others.
- V.5 You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye. Conclusion Putting off and putting on starts with me.

Followers of Jesus put off . . <u>pride</u>, and put on . . . <u>humility</u>.

2 Scriptures

to hold onto

One's pride will bring him <u>low</u>, but he who is lowly in spirit will <u>obtain honor</u>. Proverbs 29:23

Clothe yourselves, all of you, with humility toward one another, for "God opposes the proud but gives grace to the humble."

1 Peter 5:5

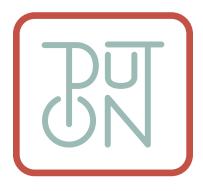
1 Example to follow

Jesus humbled himself in the miracle of <u>incarnation</u>, described by the Apostle Paul in his letter to the Philippians, chapter 2.

If you want to be humble, <u>be</u> like Jesus.

Putting on **Humility**

- 1. Repent of pride.
- 2. Ask Jesus to <u>supernaturally</u> replace your pride with his humility.
- 3. Pursue humility this week.
 - Ask someone for help.
 - Tell someone you're <u>sorry</u>.
 - Give someone your <u>seat</u>.
 - <u>Laugh at yourself</u>, so someone else hears it.



From Matthew 7

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Followers of Jesus p	ut off, ;	and put on
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1 Example to follow

Jesus humbled himself in the miracle of _______, described by the Apostle Paul in his letter to the Philippians, chapter 2.

If you want to be humble, ____

Putting on **Humility**

- 1. Repent of _____.
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 - Ask someone for ______.
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