

From Ephesians 4

The Apostle Paul describes the progressive work that continues throughout the life of a follower of Jesus, a putting off the _____ and putting on the _____. Our lives after being saved by Jesus will look _____ from our lives before being saved by Jesus.

- V.22 _____ *your old self, which belongs to your former manner of life . . .*
- V.24 _____ *the new self, created after the likeness of God in true righteousness and holiness.*
- V.25 Having _____ *falsehood, let each one of you speak the truth . . .*
- V.31 *Let all bitterness and wrath and anger and clamor and slander be _____ from you.*
- V.32 *Be kind to one another, tenderhearted, forgiving one another, _____ forgave you.*

Followers of Jesus put off . . . _____, and put on . . . _____.

2 Scriptures to hold onto

Let there be no _____ nor _____ nor _____, which are out of place, but instead let there be thanksgiving. Ephesians 5.4

_____ *are like a honeycomb, sweetness to the soul and health to the body.* Proverbs 16.24


1 Example to follow

The half-brother of Jesus explains the importance of _____ of the tongue in James 3.

If you want to put on pure speech, _____.

Putting on Pure Speech

1. Repent of _____.
2. Ask Jesus to _____ replace your obscene talk with pure speech.
3. Pursue pure speech this week.
 - Don't misuse _____ that signify serious realities.
 - Eliminate the _____ . . . It doesn't fit.
 - Examine your _____. Your mouth speaks for you heart.
 - Choose words that _____ to God.
 - Say things that _____ who hear them.



PUT
ON

Putting
Off the Old
Putting on the
New

**Small Group
Questions**

These questions are meant to be done by yourself or together with a family member or friend, then discussed at your small group during the week.

- 1** Reread Ephesians 4? Make a list of those things qualities that Paul is asking us to put off and put on in your character.
- 2** Using a Bible concordance or the esv.org website look up verses about being wholesome and unwholesome speech. Make some observations in the space below.
- 3** Reviewing the list on your study handout of activities in pursuit of pure speech, which ones require your special attention? What is Jesus teaching you about your control over your tongue.

As a group, spend time in prayer asking Jesus to supernaturally give you greater control of your tongue.